

Health History



Description

The Health History form should be completed by all active participants in troop meetings and activities. **This includes both youth and adult participants.** The troop should maintain these records and bring them to all troop meetings and activities.



Process

- Download the current [Health History Form](#). *Note some events and camp have event specific Health Histories, please check the confirmation to verify if you need the 2 page version or a special version.
- Have caregivers complete a Health History for all active family members and return them to troop leadership. This should be done at the first meeting of each membership year and the first meeting of any new troop members. Invite caregivers to add any additional comments that may help troop leadership best support their family members.
- The troop should maintain these records in the documents that are present at all troop meetings and activities. They can be stored in a binder, folders, etc. Organize them however works best for your troop, but so they can be quickly accessible in an emergency.
- Remind caregivers to update Health Histories as needed throughout the year.
- After troop leadership receives Health History forms, review them for any important medical information like allergies, activity restrictions, or other important information.
- Bring the Health Histories of all attendees to troop meetings, events, and activities. If the group is traveling and using multiple vehicles, it is recommended to have a copy of all Health Histories in each car.
- If an adult is concerned about privacy of the information, the form can be kept in a sealed envelope to only be opened in the event of an emergency. Allergy information and other pertinent medical information can be written on the outside of the envelope.

Please reach out to your local membership staff person with any questions.

Processes are subject to change. Always refer to Volunteer Essentials, Safety Activity Checkpoints, and your local membership staff person for the most current information.