

Girl Scouts of New Mexico Trails, Inc.

PAY IT FORWARD Program

GSNMT is working to create awareness for all of our members so that they can have broader options to concentrate their efforts on. Instill the act of, empathy, compassion, and valuing others. Provide potential resources for our Discover, Connect, and Take Action opportunities. Below is a list of themes on how you can support the community each month. Girls can look beyond these ideas and find other ways to give back to the community.

Girls, troops, and service units do not have to participate in the PAY IT FORWARD program, or participate every month. Troops may select their own PAY IT FORWARD recipient. Whenever possible, each girl in a troop should give 3 of an item. When this is cost prohibitive, troops should give 3 of an item as a troop.

Girls can participate in the PAY IT FORWARD program individually, with their troop or with the Service Unit as a group.

Each girl must participate in 3 "PAY IT FORWARD" to earn a patch or a rocker(s). Troops are responsible for tracking each girl's participation. Troops/Parents are responsible for purchasing the Patches and Rockers. This will be based on the honor system. Patches and rockers will only be earned by the number of girls in a troop that participate in all 3 gives. Girls, who only participate in only 1 or 2 of the three total "gives", will not receive a patch or a rocker.

PAY IT FORWARD Patch: Girl participates 1st year in three PAY IT FORWARD per year

Rocker 1-Girl participates in six PAY IT FORWARD per year

Rocker 2-Girl participates in nine PAY IT FORWARD per year

Rocker 3-Girl participates in twelve PAY IT FORWARD per year

Service units may decide to PAY IT FORWARD as an entire service unit. Service units may decide at the beginning of the year what their PAY IT FORWARD item(s) for each month will be. Service units should ensure that troops have opportunities to participate in opportunities that do not cost money, such as collecting donated, recycled or gently used items, or through service hours. Service units may use an existing community service project as a PAY IT FORWARD. Service units are responsible for delivery of Give 3 items to the designated charity.

Patches & rockers can be purchased through La Tienda.

| Community Resources Focus Months | | | |
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| JANUARY Homeless/Poor •Stereotypes/Reality •What is Poverty? •How does this effect women •Educate on Digital Divide •Feeling Valued | FEBRUARY Animals •Abuse •Neglect •Homelessness •Endangerment •Service Animals | MARCH Education/Literacy •Marginalized Groups •Access •Support •Success of kids with Parental involvement/access to books •Remove stigma/encourage support for illiterate | APRIL Domestic Violence •Displacement •Self-Esteem •Stability •Clothing/Resources •Dependency •Children •Pets |
| MAY Health/Wellness •Obesity/Exposure to activities/exercise •Cooking (Diet) •Personal Safety •Body Image/Mental Health •Addiction | JUNE Environment •Recycle •Climate Change •Water conservation •Solar/Wind Power •Fire Prevention | JULY Global •What is girls & women around the world •Access to Education •Behavioral Spectrum within cultures | AUGUST Equity •Internalized Oppression •Externalized oppression •Benefits to dominant & non-dominant groups "otherness" |
| SEPTEMBER Hunger •Awareness of •Reduce Stigma •Cycles of •Reduced mental Physical ability •Community Efforts support | OCTOBER Children •Abandonment •CYFD Stats •Clothing/Essentials •Marginalized •Literacy •LEP | NOVEMBER Veterans •Feeling Valued and Thanked •Locate resources •Mental Health •Opportunities for women in military •Loneliness •What is Patriotism? | DECEMBER Seniors •Loneliness •Hunger •Medical Needs •Transportation/Dependency •Feeling Valued |